

December 2021

# CANS NUTRITION BULLETIN

Child and Adult Nutrition Services  
SD Department of Education

# In This Issue

## **All Child Nutrition Programs**

The Grapevine—A Note From Cheriee

Pick It! Try It! Like It!

Test your knowledge! Team Nutrition Meal Components Web Quiz Available

South Dakota Sponsor Spotlight

Thriving Schools Integrated Assessment

New USDA Memo

Check in with CANS Bi-Monthly Conference Call

Crash Course with CANS—Webinar Thursdays

## **School Nutrition Program**

Equipment Grants

Fresh Fruit & Vegetable Program Reminders

## **Child Adult Care Food Program**

Reminders

CACFP & SFSP Scholarship Opportunity

## **Summer Food Service Program**

Update

## **Food Distribution Program**

January Pre-Survey

January DoD Fresh/FFAVORS Evaluation & Sweep

## **Program Policy Memos**

## **Contact CANS**

# The Grapevine—A Note From Cheriee

Happy Holidays from all of us in Child & Adult Nutrition Services! We appreciate the work you do providing nutrition to the elderly, those in need, in school and childcare, and in the summer. Staying on top of ordering food, paperwork, sanitation, food safety, preparing and serving food, we see you and we appreciate you!

We often spend so much time worrying about the day-to-day challenges and we forget to celebrate the accomplishments. Take a minute today to thank a co-worker, appreciate a janitor, high-five your school principal, and pat yourself on the back.

**Cheriee Watterson**

## Pick It! Try It! Like It! Preserve It!



- This vegetable was initially used as medicine in treatment of toothache, insomnia, hypertension, arthritis, rheumatism, and to purify the blood.
- In Ancient Greece, this vegetable was used as a “bouquet of flowers” to reward winners of athletic games.
- Cultivation of this vegetable is believed to have started 3000 years ago in Mediterranean region.
- This vegetable is a great source of Vitamin K which is required for blood to clot.

If you guessed: Lakota: huthhóškokpa; English: Celery, you are correct!

SDSU Extension features Celery Apple Salad and Basic Braised Celery as the recipes this month. If you have celery in your garden there is also information on how to pick it, store it, and preserve it! <https://extension.sdstate.edu/celery-pick-it-try-it-it-preserve-it>

## Test your knowledge! Team Nutrition Meal Components Web Quiz Available

USDA's Team Nutrition has released quizzes on meal components and meal pattern requirements for all child nutrition programs. Feel free to use the quizzes for a knowledge check.

Quizzes can be found here: <https://www.fns.usda.gov/tn/quizzes>

Additional quizzes will be released throughout Fall and Winter 2021-2022.

# South Dakota Sponsor Spotlight!

Is your school or agency doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to [DOE.SchoolLunch@state.sd.us](mailto:DOE.SchoolLunch@state.sd.us).

## Meade district staff pull together to cover lunch duty



[https://www.bhpioneer.com/local\\_news/meade-district-staff-pull-together-to-cover-lunch-duty/article\\_3c306344-4702-11ec-b3a6-af3606a96372.html](https://www.bhpioneer.com/local_news/meade-district-staff-pull-together-to-cover-lunch-duty/article_3c306344-4702-11ec-b3a6-af3606a96372.html)

## Sioux Falls Schools Giving Back To The Community



<https://www.argusleader.com/story/news/education/2021/11/18/sioux-falls-schools-giving-back-holiday-season-thanksgiving-2021-harrisburg-brandon-valley-tea/8640208002/>

# Thriving Schools Integrated Assessment

Efforts have been made to overcome the psychological issues that the COVID-19 pandemic has caused. Educational institutions and students were also hit hard by the stress of a completely new educational system and the burdens these reorganizations activities have caused to the staff and the students.

Healthier generations partnered with many credible institutions to develop a free, easy to access action resource for Schools and School districts to advance improvements in whole child health. The resource is called "Thriving Schools Integrated Assessment."

The Alliance for Healthier Generations assessment tool can be used to identify strengths and areas of growth across a broad range of topics, like social-emotional health, food access, and staff well-being.

The goal is to improve factors that impact health and learning such as attendance, discipline, and overall school climate which greatly influenced by staff wellbeing.

The training center courses provide real world tips and advice to help staff focus on their own wellbeing and self-care, stress management for educators and tips to gain understanding why and how to use gratitude and learning, how to complain effectively, among many other resources. The online training classes are only 15 minute long and they are very interesting and informative.

Some of these courses are eligible for continued education credits.

Read more about this new assessment tool at:

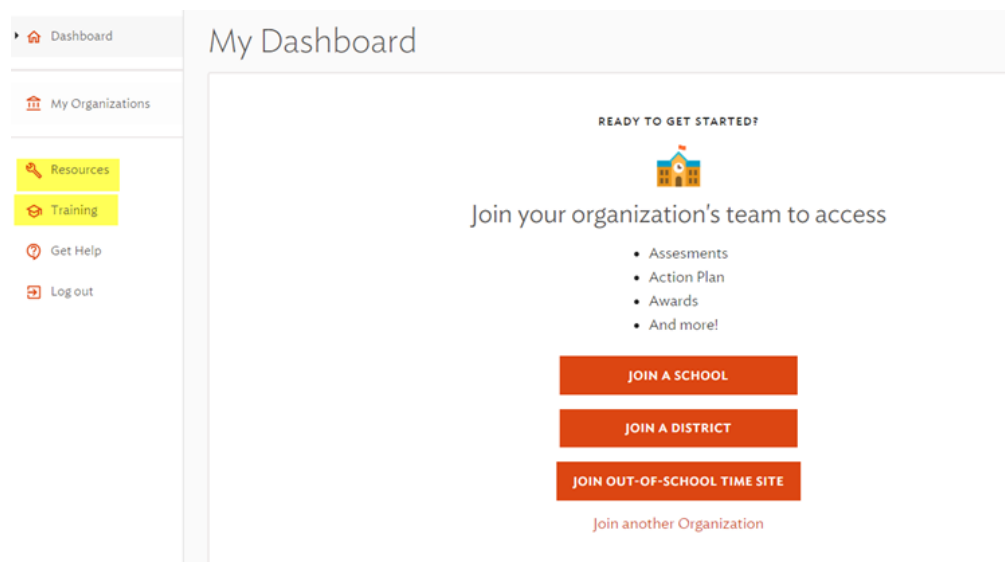
<https://www.healthiergeneration.org/our-work/schools/thriving-schools-integrated-assessment>

To browse the training topics, you will have to register in the action center (after registering you can set up access for everyone in your organization by joining as a school, district or out of school-time site):

<https://www.healthiergeneration.org/app/account/login>

On the left-hand side, you will find the resources and training tabs.

Click on these to navigate for courses and training curriculums:



## New USDA Memo

USDA has issued a Memo relating to all Child Nutrition Services concerning an update to the Federal Micro-Purchase Threshold in 2 CFR200.320(a)(1). The memorandum relates to 2 CFR Part 200 and 7 CFR Parts 210, 220, 225, and 226.

Link to the Memo

[Update to Federal Micro-Purchase Threshold](#)

We will discuss this at the next Check In With CANS on Thursday Dec 9, so bring questions you would like to share.

## Check in with CANS Monthly Conference Call

Join us each month to **Check in with CANS** in the upcoming year! Each check in is normally scheduled for the first Thursday of every month at 2:30pm central time zone or 1:30 pm mountain time zone.

This check in is for all our Child Nutrition Program operators: School Nutrition Program, Child and Adult Care Food Program, and Summer Food Service Program. We invite our Food Distribution Program in Schools and our Procurement Specialists to also attend.

This check in is open to all agencies that are on our programs. Each check in starts with a report from CANS with hot topics, new guidance, program clarifications, and reminders of important dates. Every check in has time scheduled for you to ask questions. Minutes from each check in will be posted after the call is done on our DOE CANS website at <https://doe.sd.gov/cans/index.aspx> and occasionally these calls are recorded and posted for a short period of time.

Tentative Dates
Thursday, December 9
Thursday, January 6
Thursday, Feb 3
Thursday, March 3





# CRASH COURSE *with* CANS

2021-22

## • MEETING SCHEDULE •

THURSDAYS @ 2:30PM CT

- 8/19** Meal Counting & Claiming in SSO
- 9/23** CACFP iCAN Applications
- 10/14** Updates in Professional Standards
- 11/18** School Gardens / Farm to Everything
- 12/2** FSMC Contracts, Amendments, Monitoring
- 12/16** Planning for Summer Feeding
- 1/13** Breakfast in the Classroom - Expanding Breakfast Participation
- 1/27** SFSP Application, Required Training, Announcements
- 2/10** FDP Annual Surveys
- 2/24** FFVP Basics - How Do I Do it?
- 3/10** Procurement Plan - Prepping for Next Year's Purchases
- 3/24** CEP Reporting
- 4/21** Nonprogram Foods Basics AND MORE!
- 5/19** End of Year Report Guidance

# School Nutrition Program

## Equipment Grants

Congratulations to the FY2020 Child and Adult Nutrition Services Equipment Assistance Grant award winners! We received grant applications requesting a total of over \$317,000. We were able to award nine schools a total of \$62,643. If you were not awarded this year, please reapply if we receive these funds in the future, as this is a great way to acquire new equipment for your kitchens. The awarded schools can be found on the CANS/SNP webpage under the Equipment Grants heading.

Congratulations to the award winners:

Castlewood School District

DeSmet School District

Faulkton School District

Florence School District

Kimball School District

Lemmon School District

Northwestern Area School District

Rosholt School District

Timber Lake School District

## Fresh Fruit & Vegetable (FFVP) Program Reminders

Schools approved for the FFVP may provide to-go FFVP-snack offerings when providing to-go meals. Additionally, the to-go FFVP offering can be provided to all children, rather than just elementary students.

If the school is providing non-congregate FFVP offerings, please let the CANS office know.



# Child and Adult Care Food Program

## Reminders

### CACFP iCAN applications

- Just a reminder, iCAN application are open! If you wish to claim for October you must get your application approved by the CANS office no later than December 31<sup>st</sup>.

### CACFP Training

- The new program year started October 1, please be sure to get a jump start on the annual training requirements by visiting the CACFP webpage: <https://doe.sd.gov/cans/cacfp.aspx> for all training options available.

### CACFP Contact

- Katie and Christina are officially on maternity leave! Please contact the CANS office with all program questions by calling (605) 773-3413 or emailing [DOE.SchoolLunch@state.sd.us](mailto:DOE.SchoolLunch@state.sd.us).

## CACFP & SFSP Scholarship Opportunity!

Scholarships are now available through National CACFP Sponsors Association (NCP) for the National Child Nutrition Conference. This conference will be held April 18-22, 2022 at the Hyatt Regency New Orleans in Louisiana. More information about the conference can be found at: <https://www.cacfp.org/conference/>

You can apply for the opportunity to join over 1,200 attendees at the premier training and networking event for the Child and Adult Care Food Program (CACFP), Summer Food Service Program (SFSP), and Afterschool Meals community. More information about the scholarships and how to apply can be found at: <https://www.cacfp.org/scholarships/>

Apply now @ [bit.ly/3wxNPPM](https://bit.ly/3wxNPPM)

## Scholarships Available!



The graphic features a green circular icon with a graduation cap and a dollar sign. To its right, the text 'Apply Today!' is followed by the URL 'cacfp.org/scholarships' in green. Below this, the '36TH NATIONAL CHILD NUTRITION CONFERENCE' is announced in large green letters, with 'CACFP • AFTERSCHOOL MEALS • SUMMER FOOD' in smaller text underneath. To the right of the text is a photograph of a New Orleans street at night, with the text 'New Orleans April 18-22, 2022' overlaid. A green arrow points from the URL towards the conference photo.

Apply Today!  
[cacfp.org/scholarships](https://cacfp.org/scholarships)

36TH NATIONAL  
**CHILD NUTRITION CONFERENCE**  
CACFP • AFTERSCHOOL MEALS • SUMMER FOOD

NATIONAL CACFP SPONSORS ASSOCIATION

New Orleans  
April 18-22, 2022

# Summer Food Service Program

## Update

2022 SFSP training registration and application details will be coming soon. Please make sure to check your emails and send any contact staff changes and/or email address changes to [brigitte.bly@state.sd.us](mailto:brigitte.bly@state.sd.us) so you can receive all the important updates for the SFSP program.

## Food Distribution Program

### January Pre-Survey

What is the Pre-Survey?



The Pre-Survey is a list of USDA available products to order for the 22-23 School Year that South Dakota can bring into the state contracted warehouse. Per federal regulation:

- 7 CFR 250.10 (a) the distributing agency must provide recipient agencies with the opportunity to submit input, on at least an annual basis, in determining the donated foods from the full list that are made available to them for ordering.

**Your input is important. The Pre-Survey results are used to determine what products are on the Annual Survey that is released in February.**

## January DoD Fresh/FFAVORS Evaluation & Sweep:

- In January, DoD Fresh/FFAVORS spending will be reviewed to make sure schools have spent at least five months of their Monthly Entitlement Usage. If your school has not spent the required amount; the undistributed 25% of your original request may be swept from your DoD Fresh/FFAVORS entitlement allocation and re-distributed to schools that are using their full DoD entitlement allowance.
- Calculate spending in January by dividing Entitlement Usage by 5 months. Log into DoD Fresh at the [FFAVORS Login](#). Find the dollar amount used in 5 months by using the usage report.
- Log into iCAN and find your schools 21-22 DoD Fresh/FFAVORS Survey Request to find the amount requested for the 21-22 school year. Per USDA guidance, only 75% of each school's original request was added to the DoD Fresh/FFAVORS site. If your school is spending, the additional 25% will be added. Some districts already received their 25% due to increased spending.
- If you know your school will not be able to spend their additional 25%, contact Darcy Beougher in the CANS office as soon as possible.

## Program Policy Memos

Some policies have multiple numbers. That means those apply to multiple programs.

### **Child & Adult Care Food Program**

Current policies can be found at <http://www.fns.usda.gov/cacfp/policy>.

### **School Nutrition Programs (SP Memos)**

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>.

### **Summer Food Service Program**

Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

### **Food Distribution**

Food Distribution policies can be found at [https://www.fns.usda.gov/resources?f%5B0%5D=resource\\_type%3A160&f%5B1%5D=program%3A35](https://www.fns.usda.gov/resources?f%5B0%5D=resource_type%3A160&f%5B1%5D=program%3A35)

## COVID Waivers

To find a current list of the waivers that South Dakota has opted in to, you can visit the [CANS webpage](#) under the “USDA Waivers, Guidance, and Information—July 1, 2021-June 30, 2022” heading. Here, you will find a chart that lists all of the current waivers South Dakota is operating under.

## Contact CANS

For any questions, comments, or concerns

Email: [DOE.SchoolLunch@state.sd.us](mailto:DOE.SchoolLunch@state.sd.us)

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

**Professional Standards Reminder:** Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.